



# VIMAL JYOTHI ENGINEERING COLLEGE

Chemperi - 670 632, Kannur, Kerala



DEPARTMENT OF MECHANICAL ENGINEERING

ORGANISE

One Day Training Workshop on “Personality Development –

*Developing a winning Approach in Life”*

For ‘First Year Mechanical Engineering Students’

20<sup>th</sup> AUGUST, 2016

Venue: Msgr. Jacob Varikattu Hall

## COURSE CONTENT

- ✓ Interpersonal Relationship Skill
- ✓ Leadership Skill
- ✓ Personal Grooming
- ✓ Communication
- ✓ Stress Management
- ✓ Conflict Management
- ✓ Building Self-Image and Self-Efficacy

Resource Person:-

**Prof. S.Bhaskar**

Department of Mechanical Engineering  
Kumaraguru College of Technology, Coimbatore

*Coordinators:-*

Prof. Raju K.K. HoD ME, Prof. Dr. R.Umesh Sundar

**Co-ordinators:-**

Prof. Subin Michael, Prof. Jestin C Jose