



NAAC AQAR 2023-24

Number of extension and outreach programs conducted by the institution through NSS/NCC/Red cross/YRC etc., (including the programmers such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organized in collaboration with industry, community and NGOs) during the year 2023-24

INDEX


SL NO		PAGE NO
1	<u>NATIONAL SERVICE SCHEME</u>	2
2	<u>ELECTORAL LITERACY CLUB ACTIVITIES</u>	35
3	<u>IEEE WIE</u>	42
4	<u>INNOVATION CELL</u>	75
5	<u>WOMEN CELL SOCIALLY RELEVANT ACTIVITY</u>	80

NATIONAL SERVICE SCHEME



ACTIVITY DETAILS 2023-24

Unit Number:194

 The logo of Vimal Jyothi Engineering College features a blue gear with a white 'V' and a yellow lamp inside. The gear is surrounded by green laurel leaves. Below the gear is a red banner with the text 'VIMAL JYOTHI ENGINEERING COLLEGE' and 'CHEMPERI' in white. At the top, there is a small text in Hindi: 'योग्यं कर्मसु कौशलम्'.	<p>VIMAL JYOTHI ENGINEERING COLLEGE</p> <p>CHEMPERI, KANNUR</p> <p>PIN:-670632</p>
--	--

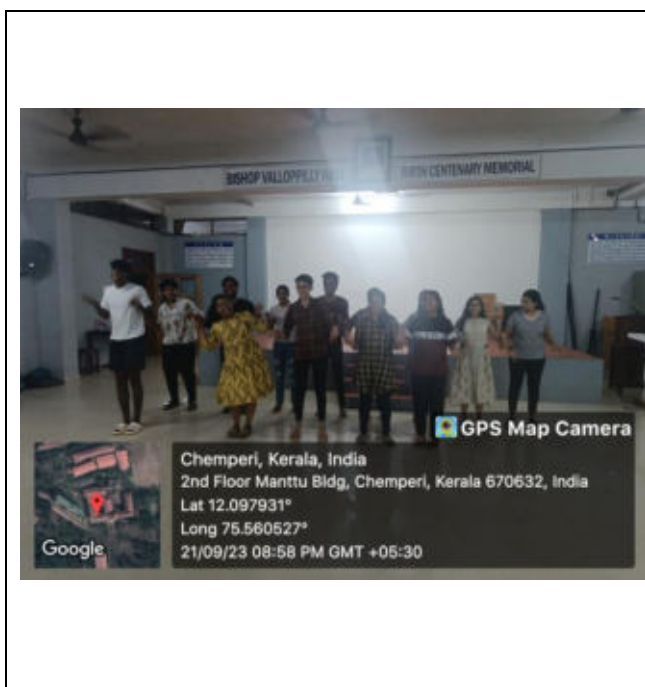
AFFILIATED TO NATIONAL SERVICE SCHEME CELL OF
APJ ABDUL KALAM TECHNOLOGICAL UNIVERSITY

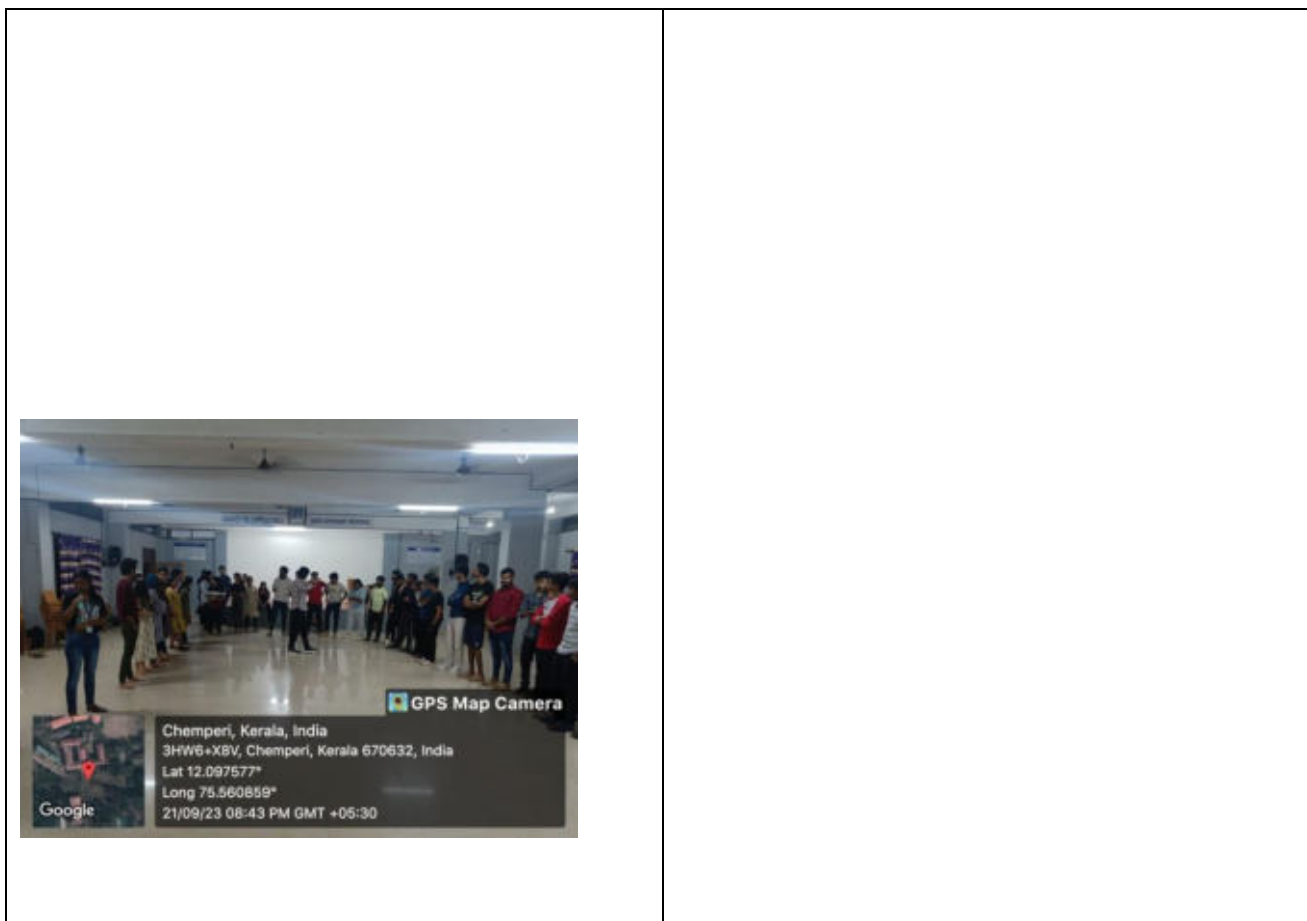
REGULAR ACTIVITIES OF THE YEAR 2023-24

Sl No	Name of Activity	Category	Sub-Category	Hours	Date
1	ICE-BREAKING +INTERACTING SESSION	Orientation	Awareness	5	22-09-2023
2	Coping with Academic Stress: Insights from the NSS Session	Orientation	Awareness	5	23-09-2023
3	Online interactive awareness session on nipah outbreak	Community Activity	Awareness	6	14-09-2023
4	Debate	Community Activity	Awareness	4	23-09-2023
5	Awareness on Blood Donation	Community Activity	Awareness	6	27-09-2023
6	NSS DAY CELEBRATION	Community Activity	Others	6	24-09-2023
7	Cancer Day	Community Activity	Awareness	6	04-02-2024
8	Blood Donation Camp	Community Activity	Others	6	01-10-2023
9	Paithalmala Visit tourism awareness program	Community Activity	Others	6	22-09-2023
10	Yoga +Health related exercises	Community Activity	Awareness	3	22-09-2023
11	Blood Stem Cell Donation Camp	Community Activity	Others	6	20-01-2024
12	Campus Cleaning	Campus Activity	Others	6	23-09-2023
13	Interactive section	Campus Activity	Others	5	23-09-2023
14	Teachers Day Celebration	Campus Activity	Others	6	05-09-2023
15	Online Voters Pledge	Campus Activity	Others	6	05-03-2024

REPORTS OF ORIENTATION

Date	22-09-2023	Duration	5 hrs
Program	ICE-BREAKING +INTERACTING SESSION		
Highlights of program	<p>The ice-breaking session, expertly conducted by Rizwan, our former Volunteer Secretary, was a highlight of the day. Rizwan has been an active member of the NSS since he first joined, and his unwavering support for his juniors and batch mates has made him a respected figure within the organization. The session commenced promptly at 6:00 pm, with an air of excitement and camaraderie : All the students participating in the session had the opportunity to introduce themselves, a moment that marked the beginning of many inspiring speeches to come. Rizwan devised simple yet engaging tasks that not only entertained the crowd but also encouraged active participation. It was a pleasant surprise to witness the remarkable skills possessed by our volunteers</p> <p>Following the introductory activities, six groups were formed, each comprising 11 to 13 members. These groups played a crucial role in fostering interaction among the students, facilitating new connections, and strengthening the sense of community. After the one-hour long lunch break, which took place from 7:30 PM, the session continued with the creation of new groups, encouraging students to interact more with different volunteers. The participants were then given the task of performing a dance on stage, accompanied by an action song. Initially, they danced to a Malayalam song and then to an English one. This activity served as a catalyst for the students to further break out of their shells and boost their confidence in facing a crowd . It was heartening to witness how this activity helped those who were initially reserved or shy to shed their inhibitions and truly immerse themselves in the moment. The transformation was truly beautiful.</p> <p>Rizwan's expertise and leadership ensured that the ice-breaking session was not just a formality but a meaningful and enjoyable experience. The event successfully brought together students from diverse backgrounds, paving the way for a harmonious and collaborative journey within the NSS community.</p>		





Date	05 -06-23	Duration	5 hrs
Program	Coping with Academic Stress: Insights from the NSS Session		
Highlights of program	<p>In the fast-paced and demanding landscape of today's educational world, students often find themselves grappling with an overwhelming level of stress and tension, which sadly sometimes leads to tragic consequences. As students pursuing one of the most challenging courses in the world, we are no strangers to the enormous stress that accompanies our academic journey. While our participation in organizations like the NSS provides some relief, there is a pressing need for more effective methods to cope with and overcome this stress.</p> <p>Recognizing this pressing need, the NSS Cell organized a transformative session on "How to Avoid Tension While Studying." The session was conducted by the esteemed Mr. M. J. Chandran, who shared invaluable insights on managing study-related stress.</p> <p>The session was held on at 3:30 PM, providing an excellent opportunity for students to gather and learn effective stress management techniques. The session included how to effectively manage time ,how to create a healthy study environment ,stress reduction techniques, maintaining a balanced lifestyle.</p> <p>Mr. Chandran shared ancient Sanskrit slogans that encapsulate effective anxiety management mechanisms. These timeless wisdom pearls provided students with additional strategies for effective and stress-free studying. The session concluded at 5:20 PM, leaving attendees equipped with practical insights and strategies to cope with the challenges of their demanding academic pursuits. By implementing the advice shared in the session, students are better prepared to navigate their studies with reduced</p>		

stress and improved overall well-being. It is hoped that these valuable insights will contribute to a healthier and more balanced academic experience for all participants.



REPORTS OF COMMUNITY ACTIVITIES

Date	14-09-2023	Duration	6 hrs
Program	Online interactive awareness session on nipah outbreak		

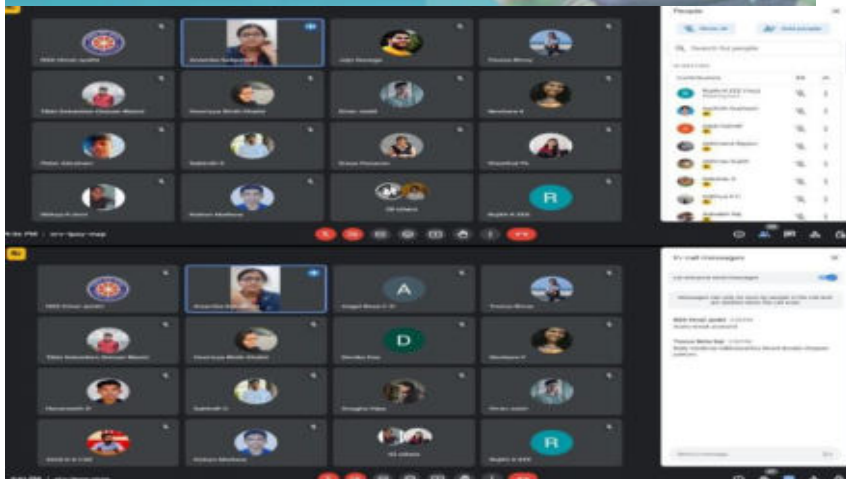
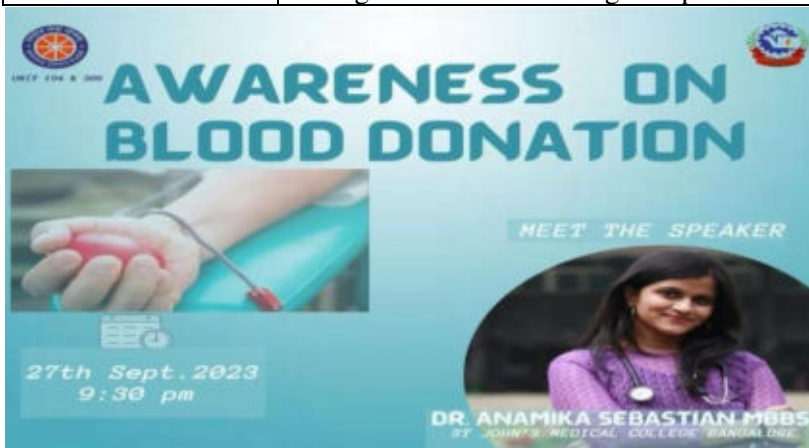
<p>Highlights of program</p>	<p>In late August 2023, another outbreak of the Nipah virus was reported in the Kozhikode district of Kerala. Given the high mortality rate associated with this virus, it has led to a state-wide environment of great concern and panic. During this critical period, NSS Units 194 and 306 of Vimal Jyothi Engineering College organized an interactive awareness session on the Nipah virus outbreak. Meeting began at 8.00pm. The session was conducted by Dr. Dhanya Jose, a tutor at the Community Service Department of Goa Medical College. It proved to be a highly informative and resourceful session, aimed at providing participants with a better understanding of the Nipah virus and how it differs from COVID-19.</p> <p>Dr. Dhanya Jose addressed various aspects of the Nipah virus outbreak, clarifying doubts and providing valuable insights. Participants left the session with a heightened awareness of the differences between Nipah virus and COVID-19, as well as a clearer understanding of the situation and the necessary precautions to control its spread. This proactive effort by NSS Units 194 and 306 of Vimal Jyothi Engineering College is commendable in the face of a public health crisis, contributing significantly to spreading awareness and knowledge within the community.</p>
------------------------------	---



Date	23-09-2023	Duration	4 h r
Program	Debate		
Highlights of program	<p>The NSS has always been dedicated to enhancing the communication and leadership skills of its members, recognizing the importance of fostering capable leaders and effective spokespersons within society. The ability to articulate one's views and persuade others is a vital skill for everyone. In pursuit of this vision, a debate session was organized, with the topic of discussion being "gender equality."</p> <p>NSS Unit 194's volunteer, Jessay, admirably took charge of coordinating the entire session, with valuable assistance from a few senior volunteers. The participants were divided into two groups: Groups 1, 3, and 4 spoke against the topic, while Groups 2, 5, and 6 advocated in favour of gender equality. It was truly impressive to witness the students present their arguments eloquently, drawing upon their keen observations of society and citing relevant constitutional and legal provisions to support their positions.</p> <p>After an intense and thought-provoking hour-long debate, the session came to a close, declaring the team that spoke against the topic as the winners. Recognizing their achievement, the winners of this competition, along with those from previous competitions, were honoured with small tokens of appreciation.</p> <p>This debate not only sharpened the communication and leadership skills of the participants but also fostered a deeper understanding of the critical issue of gender equality. It served as a reminder of the NSS's commitment to nurturing responsible and articulate individuals who can contribute positively to society</p>		



Date	27-09-2023	Duration	6hrs
Program	Awareness on Blood Donation		
Highlights of program	<p>In a collective effort to raise awareness about the significance of blood donation and garner maximum participation for an upcoming blood donation camp on October 1st, NSS Units 194 and 306 organized a crucial online session. The session, held on September 23, 2023, at 9:30 PM, aimed to educate and motivate potential donors.</p> <p>Dr. Anamika Sebastian, a distinguished medical professional from St. John's Medical College, skillfully led the session. Dr. Sebastian's extensive expertise and passion for this cause added immense value to the event.</p> <p>Dr. Anamika elaborated on the critical importance of blood donation, highlighting how a single act of donating blood can save multiple lives. She emphasized the role of young individuals, who make up a significant portion of NSS volunteers, in maintaining a steady blood supply for those in need.</p> <p>Participants were educated about the safety measures in place during blood donation drives, ensuring a comfortable and secure experience. Dr. Sebastian also shared inspiring stories of individuals whose lives were transformed by receiving donated blood.</p> <p>As the session concluded, NSS Units 194 and 306 urged all attendees to actively participate in the forthcoming blood donation camp on October 1st. By coming forward as donors, they can contribute to the noble cause of saving lives and reinforcing the spirit of humanitarian service.</p>		



Date	24-09-2023	Duration	6hrs
Program	NSS DAY CELEBRATION		
Highlights of program	<p>The NSS day is celebrated on the 24th of September every year. National Service Scheme or NSS was launched in Mahatma Gandhi's birth centenary year 1969 in 37 Universities with the primary aim to develop the personality of student volunteers through community services. The scheme is currently running in all the states and universities in the country under the Ministry of Youth Affairs and Sports. The motto of NSS is "Not Me But You". It helps students to identify the needs and problems of the community and to involve them in problem solving process. This year, NSS RLAC has been very active in developing the personality of student volunteers and preparing them for future through various community services.</p> <p>NSS Units 306 and 194 celebrated this special day by reaching out to those in need. Volunteer representatives visited Theresa Bhavan and provided a delicious meal to its residents. The funds for this noble cause were raised by NSS volunteers through online money transfers. Witnessing the happiness and smiles on the faces of those we served was truly heartwarming.</p>		





Date	04-02-2024	Duration	6hrs
Program	CANCER DAY		
Highlights of Program	<p>The program was started by NSS prayer at 10 am. The cancer awareness class was handled by Mr. Manoj K V , Health Inspector Naduvil Dispensary . The session last for an hour and ended by 11.15 am.</p> <p>After a small tea break we entered to next session at 11.30. It was a workshop on First aid , handled by Mrs. Lintu , Junior Health Inspector Naduvil Dispensary. It last for an hour . We gave them a gift as token of love. After a photography session we ended it by 12.45.</p> <p>After that committee formation of our NSS units was conducted. Formed many committees and selected coordinators for it. A small discussion on our upcoming events was held .We finished our overall programme by 1.45 pm.</p>		



Date	01-10-2023	Duration	6hr
Program	BLOOD DONATION CAMP		
Highlights of program	<p>A blood donation camp was organized by the NSS units 194 and 306 of Vimal Jyothi Engineering College in commemoration of Gandhi Jayathi Celebration. The event aimed to promote the noble cause of blood donation. A medical team comprising a doctor and three staff members from the Malabar Cancer Centre arrived on campus promptly at 9:45 AM to oversee the blood donation process.</p> <p>Upon arrival, 36 enthusiastic students volunteered for blood donation. To ensure the safety of both donors and recipients, the medical team conducted thorough screenings. Criteria such as a minimum weight of 50kg, age above 18 years, and absence of recent tattoos or ear piercings were considered. Unfortunately, 12 individuals were deemed ineligible due to low haemoglobin levels or recent body modifications. This rigorous screening process aimed to guarantee the quality of donated blood.</p> <p>Out of the initial 36 volunteers, 24 students met the eligibility criteria and successfully donated blood. These selfless individuals exemplified the spirit of giving.</p> <p>To make the donation process comfortable, the organizers provided refreshments and snacks to donors. Volunteers worked diligently to ensure the smooth flow of the event.</p> <p>After all the donations were completed, volunteers extended their gratitude to the doctor and the medical team. A photo session was organized as a token of appreciation for their invaluable contribution to the community. Despite the thoughtful offer of food, time constraints unfortunately led to its decline by the medical team.</p> <p>This blood donation camp served as a testament to the college's commitment to social causes and community well-being. It brought together compassionate students and medical professionals to save lives and create awareness about the importance of blood donation. The event successfully exemplified the ideals of service and philanthropy championed by Mahatma Gandhi.</p>		



Date	22-09-2023	Duration	6hrs
Program	PAITHALMALA VISIT- TOURISM AWARENESS PROGRAM		
Highlights of Program	<p>After breakfast, a meeting convened in the designated hall to allocate group responsibilities at 9am. Rojin Sir delivered comprehensive guidance on the day's agenda and tasks. A demonstration illustrating proper survey procedures, including context and significance, addressed any queries. This ensured a high level of professionalism among NSS members conducting the survey. Following this, the six groups were divided into two and proceeded to board their respective buses.</p> <p>Paithal Mala, located in Kannur, Kerala, India, is a picturesque hill station renowned for its natural beauty. It boasts lush greenery, trekking trails, and a cool, refreshing climate. The area is a haven for nature enthusiasts, offering stunning views, diverse flora and fauna, and a tranquil escape from urban life. The NSS team departed from the campus at 9:30 am for Paithal Hills to conduct a survey. The journey to the destination was filled with fun and excitement. Upon arrival at 10:00 am, we began to explore and conduct surveys of the area, including gathering information about tourist needs and preferences. Each group was tasked with creating videos and reports of their surveys with the utmost professionalism to submit to the district Panchayat and the district tourism department.</p> <p>The volunteers thoroughly enjoyed their time on the hill, appreciating its mesmerizing climate and spectacular views. We returned to the campus by 2:00 pm for lunch.</p>		



Date	22-09-2023	Duration	3hrs
Program	YOGA+HEALTH RELATED EXCERSICE		
Highlights of program	<p>Yoga is an ancient practice originating in India, combining physical postures, breathing exercises, and meditation to promote physical, mental, and spiritual well-being. It enhances flexibility, strength, and balance while reducing stress and anxiety. Yoga fosters mindfulness and inner peace, making it a holistic approach to holistic health and self-awareness. The second day of the camp began with a 6:15 am yoga session. We connected online with Dr. Navaneeth, who provided a comprehensive explanation of the significance and proper techniques of yoga. This was immensely valuable as many of us had been practicing yoga without adequate knowledge. The volunteers enthusiastically engaged in the online event, even though it had its limitations. Mind-controlling activities were primarily conducted, aiding everyone in relaxation and preparation for the day's upcoming activities. Overall it was proven t obe a very useful session. As yoga refreshed the mind, it was essential for the body to match its active state. To achieve this, a health-related exercise session was organized and led by Rizwan, the former volunteer secretary of NSS Unit 194. The session encompassed basic exercises, including stretching, to ensure physical readiness for the day's activities. This holistic approach aimed to promote both mental and physical well-being among participants. The sessions ended at 7.45am</p>		



Date	20-01-2024	Duration	6 hrs
Program	BLOOD STEM CELLS DONATION CAMP		
Highlights of the program	<p>A blood stem cell donation camp was organized by the NSS units 194 and 306 of Vimal Jyothi Engineering College. The event aimed to promote the noble cause of blood stem donation for a student our college.</p> <p>We started the program by sharp 10:30 am at Vallopalli hall of our college. Keeping the punctuality over their profession and responsibility a crew of DATRI Blood Stem Cell reached on time.</p> <p>Upon arrival, our NSS unit enthusiastic students volunteered for the program. Including students and crew members of donation the event ensured the successive participation of the entire staff members ,teachers,our principal and the college manangement members including our honourable father.</p> <p>A wonderful orientation class was held by Dr. by which all the quieres were solved regarding the donation.by the end of program 410 swab test was held. Every selfless individuals exemplified the spirit of giving;thereby it helped in the smooth flow of the event.</p> <p>After all the donations were completed, the NSS unit members extended their gratitude. A photo session and the media team Kerala vision was organised as a token of appreciation for their valuable contribution to community.</p> <p>Other facilities regrading food and water was also being provided.</p> <p>We wind up the program by 3:30pm</p>		



REPORTS ON CAMPUS ACTIVITIES

Date	23-09-2023	Duration	6hrs
Program	CAMPUS CLEANING		
Highlights of Program	<p>The NSS volunteers decided to extend our efforts towards a meaningful initiative within the college's administrative block. We gathered around the pond, embodying the adage, "When your environment is clean , you feel happy healthy and productive" This endeavor was a testament to our commitment not only to our college but also to the dedicated cleaning staff who tirelessly maintain our learning environment.</p> <p>Our college's cleaning staff goes above and beyond, often working on their off days to ensure a comfortable and clean atmosphere for us students. Their unwavering dedication doesn't go unnoticed by NSS volunteers. We recognize the challenges they face, and it was our turn to make a difference.</p> <p>At 9 AM, we commenced our cleaning activities with full dedication. Everyone wholeheartedly participated, setting aside concerns about stained hands and clothes. We understood that, in this act of service, our hearts were also being cleansed.</p> <p>This collaborative effort allowed us to express our gratitude to the cleaning staff and contribute to maintaining a clean and pleasant college environment. It was a day of both physical and symbolic cleansing, strengthening our bonds with the college and its dedicated workers. We left with a sense of accomplishment, knowing that small acts of kindness can create a positive impact within our community.</p>		

--	--



Date	23-09-2023	Duration	5hrs
Program	INTERACTIVE SESSION		
Highlights of Program	<p>After returning to the campus, a short break allowed everyone to freshen up, and the evening session kicked off at 7:00 pm. To inject some liveliness, latecomers were playfully subjected to a punishment of Oppana and Thiruvathira dance, setting a jovial tone for the evening. The program committee organized an engaging group-wise skit competition postdinner at 8:30 pm, with 'Gender Equality' as the theme. Each group showcased their unique ideas and presentation styles, revealing exceptional talent. Not a single volunteer hesitated to step onto the stage, displaying remarkable openness and commitment. This event turned out to be unforgettable, etching itself into our lifelong memories as we witnessed the astounding performances of potential future stars. It not only entertained but also reinforced our dedication to promoting important social issues like gender equality</p>		

--	--



Date	05-09-2023	Duration	6 hrs
Program	TEACHERS DAY CELEBRATION		
Highlights of program	<p>On this day, all the NSS volunteers made a lot of greetings cards as a token of love and gratitude towards the teachers of Vimal Jyothi Engg College. In order to make sure that no teacher was left out, we micromanaged the distribution department wise. Volunteers from different departments gifted the tokens to their respective department teachers. Keeping the true spirit and purpose of Teacher's Day, all the NSS volunteers actively took part in the event and made it a success. All the teachers were elated and appreciated the initiative of NSS.</p>		

--	--



Date	05-03-2024	Duration	6 hrs
Program	ONLINE VOTERS PLEDGE		
Highlights of Program	<p>All Students, Who are fresh votes took the online pledge by scanning the QR code available in the pdf attached or by visiting https://ecisveep.nic.in/pledge/ ? All Students, Who are fresh votes took the online pledge by visiting https://ecisveep.nic.in/pledge/ and downloaded online certificates and posted in the social media using hashtags #Mera Pehla Vote Desh Ke Liye</p>		

--	--

REPORT OF SEVEN DAY SPECIAL CAMP

Day 1 (20/01/2023)

The seven days residential camp started on 20/1/24 ,camp . the camp started with a blood stem cell donation camp. The event aimed to promote the noble cause of blood stem donation for a student our college. We started the program by sharp 10:30 am at Vallopalli hall of our college. Keeping the punctuality over their profession and responsibility a crew of DATRI Blood Stem Cell reached on time. Upon arrival, our NSS unit enthusiastic students volunteered for the program. Including students and crew members of donation the event ensured the successive participation of the entire staff members ,teachers, our principal and the college management members including our honourable father. by the end of program 410 swab test was held. Every selfless individuals exemplified the spirit of giving;thereby it helped in the smooth flow of the event. After all the donations were completed, the NSS unit members extended their gratitude. A photo session and the media team Kerala vision was organised as a token of appreciation for their valuable contribution to community. Other facilities regrading food and water was also being provided. We wind up the program by 3:30pm.

Then we went to Technical high school for stay. Different types of groups were formed for doing different functions .the importance of Nss camp was told by Akhil sir and certain nss activities and ice braking sections were conducted .

Day 2 (21/01/2024)

Programs		
<u>1</u>	Registration	
<u>2</u>	Sneharam	Cleaning at Pooparamba
<u>3</u>	Inauguration	At Govt Technical High School ,Naduvil
<u>4</u>	NSS orientation class	
<u>5</u>	Ice breaking session	Senior Volunteers
<u>6</u>	Cultural Activities	
<u>7</u>	Camp Evaluation	
<u>Field work</u>		
1.Sneharamam at Pooparamba		

Day 2 of Vimal Jyothi's 7 day camp commenced on January 21, 2024, at 9 am, drawing the participation of enthusiastic students from diverse departments within Vimal Jyothi Engineering College. The day unfolded with a sense of purpose as, at 10 am, we ventured to Pooperamba for the noble cause of cleaning the Sneharam Cremation Center. Our commitment extended to environmental conservation as we planted saplings, enhancing the surroundings. The Refreshment Committee played a vital role by ensuring a continuous supply of refreshing drinking water, enhancing the overall experience. The cleaning activity, coupled with the green initiative, left us invigorated, and upon completion, we returned to the college, where the Mess Committee awaited with a well-prepared lunch. Post-lunch, the day continued with a visit to Govt. Technical High School, Naduvil, where a brief break preceded the eagerly anticipated Inauguration function at 5 pm. Mr. Baby Odampally, the esteemed President, graced the event, marking the commencement of a memorable ceremony impeccably managed by the Programme Committee. The inauguration was followed by an engaging and informative session with Vasudevan Sir, ex-NSS coordinator of VJEC. Thus, the first day of the NSS camp at Vimal Jyothi concluded on a high note, blending community service, environmental consciousness, and cultural engagement into a rich and fulfilling experience for all participants.





Day 3 (22/01/2024)

Program		
<u>1</u>	Yoga/Physical Training	
<u>2</u>	Morning assembly	
<u>3</u>	Sneharam	At Naduvil Govt hospital
4	Acticities on gender equalities	
<u>5</u>	LED bulb forming workshop	Sajith sir and Priya ma'am (faculty of ITI Kannur)
<u>6</u>	Cultural Activites	
<u>7</u>	Camp report+Parliment	
<u>Field work</u>		
	1.Sneharam at naduvil govt PHC	

The 3rd day of NSS camp started with a yoga session held at 6 .00 am. After having breakfast around 7.30, we went to FHC in Naduvil. The grass around FHC was cut and sprayed. At 12 o'clock everyone cleaned the Polytechnic College auditorium, had lunch, followed by cultural activities for one hour. From 3.30 pm to 4 pm Sajith sir and Priya ma'am (faculty of ITI Kannur) conducted a workshop on LED bulb making. An interesting gaming session was conducted by Logi sir. Art programs were also conducted under the leadership of the programme committee. After that, Parliament was held. In it, the activities of each group were evaluated. The meeting was adjourned after passing appropriate resolutions.





Day 4 (23/01/2024)

Program		
<u>1</u>	Yoga/Physical training	
<u>2</u>	Morning assembly	
<u>3</u>	Sneharam	At Technical high school
4	Orientation session	Mr Mohanan Personality development trainer
<u>5</u>	Cultural Activities	
<u>6</u>	Camp report+ Parliment	
<u>Field work</u>		
	1. Sneharam at Technical High School	

Exactly at 6:00 am all students gathered and warm up session was conducted. The breakfast was served around 7:30 am. After the breakfast around 8:15 am our volunteers cleaned the premises of Govt. Technical High School, Naduvil. At 1pm all volunteers have their lunch. Then from 2 to 3:15pm cultural activities were conducted. At 3:30 pm orientation and ice breaking session was conducted by Mohanan Sir. It was an interactive section. It extended till 5:45pm. Then we had our evening tea and snacks. Then around 7pm program committee organized tableau game and various other games. At 9:30 dinner was served. Then about 10:15 parliament was conducted.





Day 5 (24/01/2024)

Program		
<u>1</u>	Yoga/Physical Training	
<u>2</u>	Morning assembly	
3	Sneharam	At Govt Poly technic , Naduvil
4	Anti Drug Awareness Program	Mr.Jomy Joseph,Mr. Vasudevan, Ms.Jancy Faculties from Vimal Jyothi Engineering College
5	Energy Management Workshop	
6	Rudhirasena Flagship Program	Mr. Kamal Regional Coordinator of Rudhirsena, GEC, Kannur
7	Activity on Mental Health	Mr. Madhu, Mr.Anil and Mr. Anoop Faculties of College of Engineering, Thrikaripur
8	Cultural Activities	
9	Camp report +Parliament	
<u>Field work</u>		
	1. Sneharam at Govt Polytechinc College, Naduvil	

The day started with an Exercise session at 6 am to warmup mind and body. After completing the session we had our breakfast. Next a program was conducted at govt polytechnic, Naduvil named ‘Sneharam’ the main objective is to clean the surroundings it was successfully completed under the guidance of tools and cleaning committee. On the same day after the lunch faculties from our college visited our camp, under their guidance activities on anti-drug awareness program was conducted. And also, there were visitors from our college, honorable principal Dr. Benny Joseph and reverent Fr. Lazer Varambakath for evaluating the camp. At 6:50 pm a session was conducted based on ‘Rudrasena’ it is a flagship under NSS, based on Rudrasena, an orientation class. This session was handled by Kamal, regional coordinator of Rudrasena, GCE Kannur. And the class was based on need and importance of blood donation. It is followed by a program called ‘Mind Fusion’ conducted by Mr. Madhu, Mr. Anil and Mr. Anoop faculties of college of Engineering, Thrikaripur. A live demonstration of hypnoptism was held by them including 10 NSS volunteers. We had our dinner at 9:30 pm and the day ended by a parliament it includes the report submission, feedback on each committee performance of the day and planning for the next day.



Day 6 (25/01/2024)

Program s		
<u>1</u>	Yoga/Physical Training	
<u>2</u>	Morning assembly	
<u>3</u>	Sneharam	Govt Polytechnic College, Naduvil
<u>4</u>	NRPF Program	Ms. Hima Regional Coordinator of NRPF, GCE Kannur
<u>5</u>	Road Safety Awareness Class	Mr.Riaz P, Mr. Shyjan, Mr.Sujith Vehicle Inspectors, MVD Kannur
<u>5</u>	Camp Report + Parliament	
<u>6</u>	Cultural Program+ Camp Fire	
	<u>Field work</u>	
	1. Sneharam at Govt. Polytechnic College, Naduvil	

The 6th day started with a dance practice session. It lasted for an hour.

Then we had breakfast. After that we cleaned the area near polytechnic and the cleaning started at 8.30am and ended by 11.50am. After refreshment we attended NRPF session handled by Ms. Hima, regional

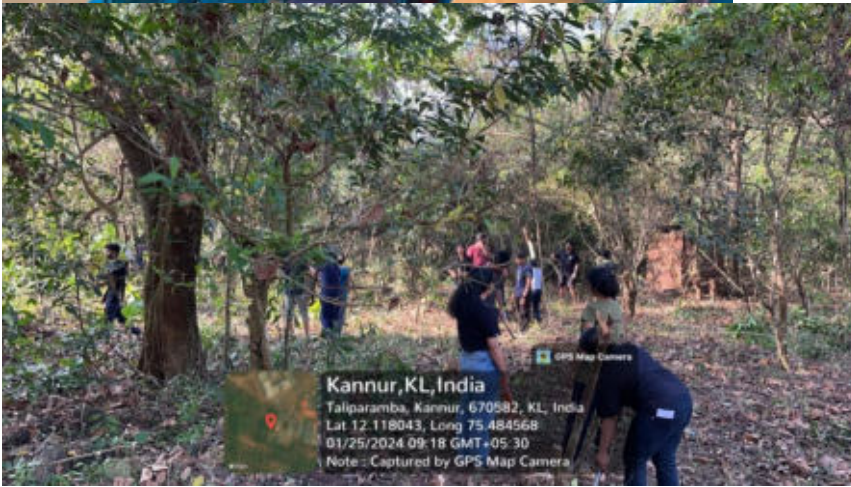
coordinator of NRPF, GCE Kannur. NRPF is one of the flagship programs under APJKTU NSS Cell, was initiated to spread awareness about natural resource protection among NSS volunteers we had lunch at 1pm. A session on road safety awareness was conducted and it

was handled by vehicle inspectors Mr. Riaz p, Mr. Shyjan and Mr. Sujith. The session ended at 3.30. A flashmob under the theme of anti-drugs awareness campaign was organised

by NSS volunteers at govt technical high school, Naduvil. After dinner, we performed cultural activities and organized a camp fire. We

really enjoyed a lot and everyone shared their experience and feedback of the camp.





Day 7(26/01/2024)

Programs		
<u>1</u>	Yoga/Physical Training	
<u>2</u>	Morning assembly	
<u>3</u>	Republic Day Flag Hosting	At Govt. Technical High School
<u>4</u>	Sneharam	At SC/ST boys Hostel, Naduvil
<u>3</u>	Camp Feedback + Report	
<u>4</u>	NSS planning	
<u>5</u>	Closing Ceremony	
Field Work		
1. Sneharam At SC/ST boys hostel, Naduvil		

Last day of the camp. The day started with cleaning the surroundings of sc/st boys hostel, Naduvil at sharp 6:45 . After completing, we had our breakfast. Flag hoist was conducted on the occasion of Republic day at Gov. Technical High school, Naduvil. Afterwards everyone cleaned the school premises. After the closing ceremony, the camp was dismissed at 12:00





VIMAL JYOTHI ENGINEERING COLLEGE

ELECTORAL LITERACY CLUB ACTIVITIES

Location: Vimal Jyothi Engineering College, Chemperi.

Initiated By:

- Electoral Literacy Club in association with NSS Units 194 and 306
- Nodal Officer: Mr. Rijoy G N, AP EEE

Objective of the club:

- **To engage and encourage young especially first-time voters to come out and vote, and to convey the importance of voting for the larger good of the nation.**

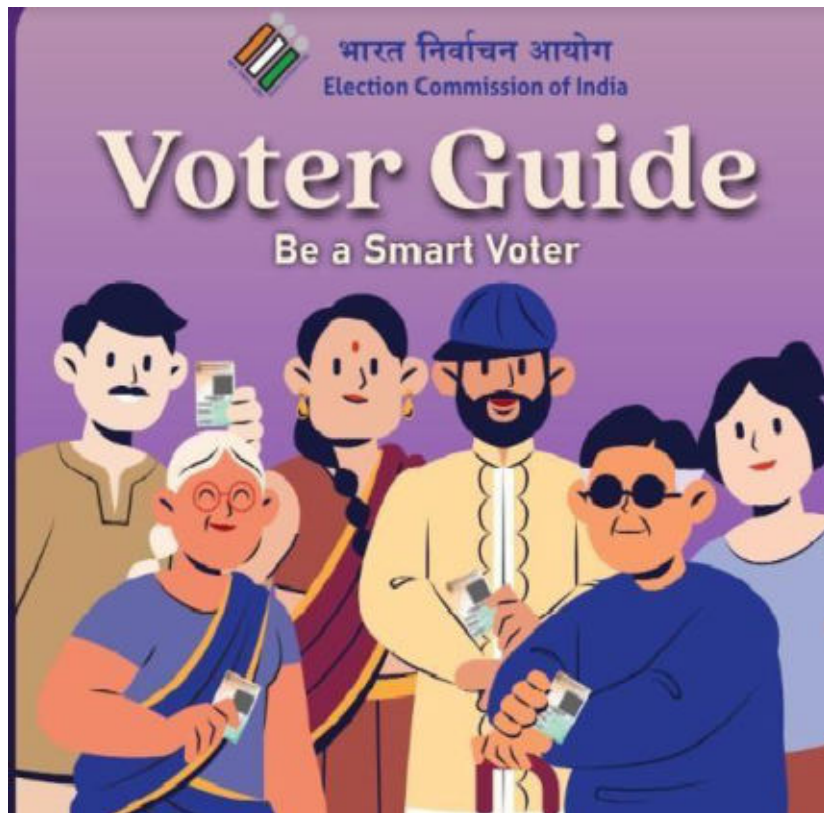
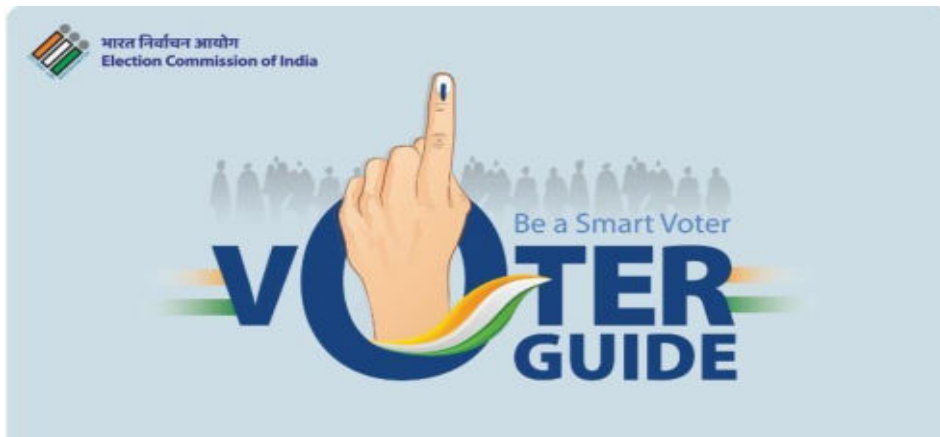
Activity No 1: Online voters pledge

Date: 05 -03- 2024

- All Students, Who are fresh votes took the online pledge by scanning the QR code available in the pdf attached or by visiting <https://ecisveep.nic.in/pledge/>
- All Students, Who are fresh votes took the online pledge by visiting <https://ecisveep.nic.in/pledge/> and **downloaded online certificates** and posted in the social media using hashtags #Mera Pehla Vote Desh Ke Liye

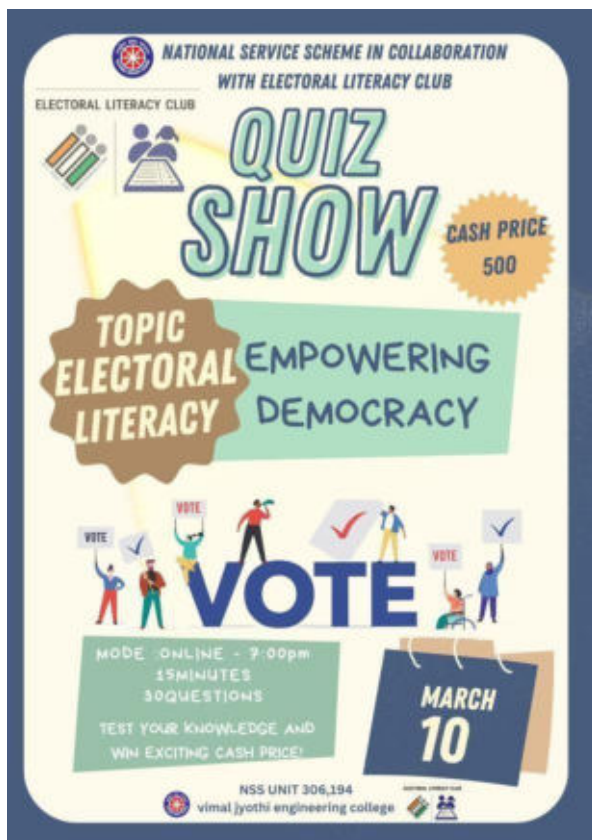
Activity No 2: Spreading of Informational Materials to improve Electoral Literacy Date: 06 -03- 2024

1. Few Informational materials such as pocket voter guide, Pledge etc were sent to all students of the institution.
2. Students were encouraged to further re-share the content through their social media platforms to ensure its wider dissemination.



Activity No 3: ELECTORAL LITERACY QUIZ Date: 10 -03- 2024

NSS unit 194 &306 in association with ELC of Vimal Jyothi Engineering college conducted an Electoral Literacy Quiz to improve the electoral literacy of young voters in the institution. The quiz was conducted in online mode. A Total of 122 students registered for the quiz. A Cash prize of Rs.500 was offered. The duration of Quiz was 15 minutes and 30 questions was there. The questions regarding basic electoral knowledge, Political system awareness, Voting rights and responsibilities, and General knowledge was included. Mr. Abhinand Ramachandran of S4 Civil Engineering won the first prize. The cash award was handed over by Mr. Rijoy G N, Nodal Officer of ELC & PO Unit 306.



Activity No 4: ELECTORAL ROLL REGISTRATION CAMPAIGN

Date: 22 -03- 2024

Associated Personnel:

- Deputy Tahsildar, Thaliparamba Taluk: Mr. Sheril Babu
- Special Village Officer: Mr. Prasanthan, Cheleri VO
- Collector's Office Intern: Ms. Nivedya K
- Collector's Office Intern: Ms. Swathisree

On March 22nd, a significant milestone in civic engagement was achieved as Vimal Jothi Engineering College, Chemperi, hosted electoral registration and Voter ID card creation initiative. The event aimed to empower approximately 200 individuals who were previously unregistered voters to participate in the democratic process.

Under the visionary leadership of Nodal Officer Mr. Rijoy G N, Electoral Literacy Club, in association with NSS Units 194 and 306, meticulously orchestrated the event. The collaborative efforts of Deputy Tahsildar, Thaliparamba Taluk: Mr. Sheril Babu, Special Village Officer: Mr. Prasanthan, Cheleri VO, Collector's Office Intern: Ms. Nivedya K, Collector's Office Intern: Ms. Swathisree ensured the initiative's success.

The initiative began with smooth registration guided by NSS volunteers, ensuring accuracy through strict verification and enabling the successful issuance of Voter ID cards to all eligible participants. Feedback from the attendees was positive, highlighting the efficient process and appreciation for the opportunity to exercise their fundamental democratic right.

The Voter ID card creation initiative at Vimal Jyothi Engineering College exemplifies the power of collaboration and community engagement. The professionalism and dedication demonstrated by all stakeholders serve as a testament to the transformative impact of collective action by providing a platform for previously disenfranchised individuals to become registered voters, the event succeeded in not only strengthening democratic principles but also fostering a sense of civic responsibility.



**IEEE -WIE EVENTS CONDUCTED
IN ACADEMIC YEAR
2023-24**



Competition

- Venue :- Online Platform
- Date :- 6th March,2022
- Time :- 9:00 pm
- Total number of participants:- Total:12
IEEE members:7
Non- IEEE members:5

In Short

The Doodle Art Competition was conducted in association with IEEE SB WIE AFFINITY GROUP VJEC on the topic “ Women Empowerment and Women in Technology ”. This competition enabled the participants to display their artistic talents and also enhanced their knowledge in women empowerment and women in technology.

Event Co-ordinator

1. Ms Jyothi Joseph
2. Ashlyn Wilson
3. Saishna Samej

Winners

The participants displayed their competitive spirit and general knowledge.

The winners are:-

1. Pranav TV was awarded certificate and cash prize worth Rs.2000.
2. Mohammad Nasim was awarded certificate and cash prize worth Rs.1000.
3. Sradha Alex was awarded certificate and cash prize worth Rs.500.

Event Gallery



DOODLE ART COMPETITION

Topic: Women empowerment and Women in technology

Date and time
06/03/2022
9PM

DRAWING CONTEST CRITERIA:
Awareness about women empowerment and women in technology


The cash prize will be awarded for the first 3 positions.
First prize: Rs. 1500
Second prize: Rs. 1000
Third prize: Rs. 500

Venue
Online mode


VIMAL JYOTHI ENGINEERING COLLEGE **IEEE**

Women in Technology


DOODLE ART COMPETITION



2nd place
MOHAMMED NAZIM
SOE
CUSAT



1st place
PRANAV TV
VIMAL JYOTHI ENGINEERING
COLLEGE KANNUR



3rd place
SRADHA ALEX
VIMAL JYOTHI ENGINEERING
COLLEGE KANNUR

CONGRATULATIONS !



Competition

- Venue :- Online Platform
- Date :- 7th March, 2022
- Time :- 8:00-9:00 pm
- Total number of participants:- Total:70
IEEE members:41
Non- IEEE members:29

In Short

The 'CROSSMINDs' Crossword Puzzle competition was conducted by IEEE SB WIE AFFINITY GROUP VJEC. The crossword tested the participants on famous women in science and technology sectors and helped to create more awareness of their work and contributions.

Event Co-ordinator

1. Ms Jyothi Joseph
2. Ashlyn Wilson
3. Saishna Samej

Winners

The participants displayed their competitive spirit and knowledge. The winners were awarded cash prize and certificates.

1. Brajesh PV was awarded first place with Rs 2000 as cash prize.
2. Chaitra P Pradeepan was awarded second place with Rs 1000 as cash prize.
3. Chandana PV was awarded third place with Rs 500 as cash prize.

Event Gallery



Cross Minds

Crossword puzzle competition

7 March 2022
8 Pm to 9 Pm

Topic:
**Science and
Technology**

First Prize
₹ 2000

Second Prize
₹ 1000

Third Prize
₹ 500

Ashlyn
977 822 9422



saishna
701 257 6223



CROSS MINDS

CROSSWORD PUZZLE COMPETITION



CHAITHRA P PRADEEPAN
VIMAL JYOTHI ENGINEERING COLLEGE
KANNUR



BRAJESH PV
VIMAL JYOTHI ENGINEERING COLLEGE
KANNUR



CHANDANA PV
GOVERNMENT ENGINEERING COLLEGE
PALAKKAD

Congratulations !



SESSION

- Venue :- Online Platform
- Date :- 8th March,2022
- Time :- 5:30-6:30 pm
- Total number of participants:- 69
- Speaker:- Ms. Anu Kumari, IAS, Thalassery Sub Collector.

In Short

An online session was conducted in association with IEEE SB WIE AFFINITY GROUP VJEC in honour of Women's Day .

The chief guest was Ms. Anu Kumari, IAS, Thalassery Sub Collector. Ms Anu Kumari hailing from Sonapat ,Haryana secured AIR 2 and topper among the female candidates in UPSC Civil Services exam in 2017. After topping the exam,she became an inspiration for all young women and UPSC aspirants .Despite being a working woman, wife and mother she overcame her struggle and passed the exam with flying colours.

Ms Anu Kumari had empowered everyone present with inspiring words and real life examples and shared some of her struggles which she had to overcome. Towards the end, there was a Q&A session where the participants asked some relevant and thought provoking question which Ms Anu Kumari answered wisely.

Event Co-ordinator

1. Ms Jyothi Joseph
2. Ashlyn Wilson
3. __Saishna Samej

Event Gallery



Competition

- Venue :- Online Platform
- Date :- 3rd June,2022
- Time :- 9:00pm
- Total number of participants:- Total:6
IEEE members:3
Non- IEEE members:3

In Short

As part of WiEcompete, IEEE WiE AGs of College of Engineering Perumon, FISAT, Vimal Jyothi Engineering College and Mbccet conducted a Poster Making Competition, on the topic “ Abuse against women ”. This competition enabled the participants(pre -graduate students) to display their artistic talents and creativity. It also helped in bringing about awareness of Abuse against women and bring out the participants thoughts and ideas of the same.

Event Co-ordinator

4. Ms Jyothi Joseph
5. Ashlyn Wilson
6. Saishna Samej

Winners

The participants displayed their competitive spirit and general knowledge.

1. Akshaya P, College of Engineering Perumon was awarded first place.
2. Navitha, Muthoot Institute of Technology and Science was awarded second place

Event Gallery



Libertas

POSTER MAKING COMPETITION

Submission Link: https://bit.ly/Libertas_

Last date of Submission : 3 June 2022

TOPIC: ABUSE AGAINST WOMEN

Ashlyn : +91 9778229422

Niveditha Mathew: +91 7356184640



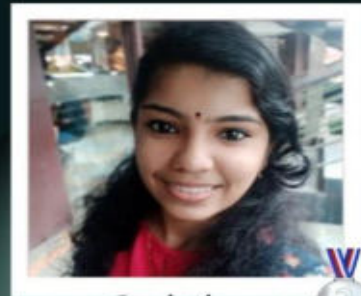
Libertas

POSTER MAKING COMPETITION



AKSHAYA P

COLLEGE OF ENGINEERING
PERUMON



NAVITHA ELDHO

MUTHOOT INSTITUTE OF TECHNOLOGY
AND SCIENCE



CONGRATULATIONS!



Competition

- Venue :- Online Platform
- Date :- 3rd June,2022
- Time :- 9:00pm
- Total number of participants:- Total:5
 - IEEE members:3
 - Non- IEEE members:2

In Short

As part of WiEcompete, IEEE WiE AGs of College of Engineering Perumon, FISAT, Vimal Jyothi Engineering College and Mbccet conducted an Article Writing Competition, on the topic “About her

dreams and career”. This competition enabled the participants(pre -graduate students)to develop their creativity and writing/language skills . It also helped to bring out the participants thoughts and ideas regarding the topic and thus helping in women empowerment.

Event Co-ordinator

1. Ms Jyothi Joseph
2. Ashlyn Wilson
3. Saishna Samej

Winners

The participants displayed their knowledge and competitive spirit.

1. Nikhitha Eldhose,Muthoot Institute of Technology and Science,Kochi was awarded first place.
2. Evana Ann Benny,Amal Jyothi College of Engineering,Kottayam was awarded second place.

Event Gallery



Alora

Article Writing Competition

Topic : About her Dreams and Career

https://bit.ly/Alora_

Ajmi : 6235374019

Samanual: 6238943968



Alora

Article Writing Competition

CONGRATULATIONS!



Nikhitha Eldhose
MITS, Kochi



Evana Ann Benny
AJCE, Kottayam



COMPETITION

- Venue :- Virtual Platform
- Date :- 5th June,2022
- Time :-Before 7pm
- Total number of participants:- Total :5
IEEE members:3
Non-IEEE members:2

In Short

IEEE SB VJEC conducted a blog writing competition 'BLOGN' on the topic 'Environmental Awareness' in honour of Environment Day. The competition provided a chance to bring out the creative abilities of pre-graduate students and also helped in increasing their knowledge regarding the various environmental issues.

Event Co-ordinator

1. Ms Jyothi Joseph
2. Ashlyn Wilson
3. Saishna Samej

Winners

The winners who displayed their competitive spirit and creativity got certificates.

1. Gousia ,LBS Institute of Technology was awarded first place



Event Gallery



EVENT REPORT

Venue:- Online Platform

Date:- 7th August, 2022

Time:- 2-3 pm

Total number of participants:-35

In Short

The diligent speaker for the session was Ms.Subina K V ,Women Civil Excise Officer who informed about us about the various career oppurtunities in anti-narcotics and excise sector.She also educated us about the various signs and symptoms of drug abuse as well as its various treatments.She ended the session with a quote” Social Work is the main job of an Excise Officer.”

Event Co-ordinator

1. Ms Jyothi Joseph
2. Ashlyn Wilson
3. Saishna Samej

Event Gallery



The poster features a purple and blue gradient background with circular patterns. At the top, logos for VIMAL JYOTHI ENGINEERING COLLEGE, iEE ONLY, IEEE Women in Engineering (WIE), and IEEE are displayed. The main title is 'Anti narcotics and career opportunities for women in Excise'. Below the title is a portrait of Ms. Subina K V, a woman in a khaki uniform. Underneath the portrait, it says 'Speaker Ms. Subina K V Women civil excise officer'. The date and time are '7th August 2022 | 2 PM'. Contact numbers for Ashlyn (97782 29422) and Saishna (7012576223) are at the bottom.


VIMAL JYOTHI ENGINEERING COLLEGE

iEE ONLY

IEEE Women in Engineering WIE

IEEE

Anti narcotics and career opportunities for women in Excise



Speaker
Ms. Subina K V
Women civil excise officer

7th August 2022 | 2 PM

Ashlyn: 97782 29422

Saishna: 7012576223



About this call

People

Info



Ashlyn Wilson (You)



IEEE WIE AG VJEC

Meeting host



Abhinav Pv



Abhishek K



aida Thomas



Alen Varghese



Alen Varghese



Ananya K V



Angel Mary



Ashik saji



ashish arun



Aswanth KM



Aswanth Mohan Mohan



aswin radhakrishnan



diya jojan



.Iasmine Ptk



A video call preview window is overlaid on the bottom right of the list. It shows a small circular profile picture of 'You' with a mute icon, and a larger video feed of 'SUBINA +30' with a volume icon.



About this call

People

Info



Merin Saji



mhd shanif



muhsina Muhammad



Nandana vp



Nandanaraj



Nazel K t



raees ap



Richa Roy



Saishna Shamej



Shanat K S



Siju Bijoy



Stephin Thankachan



SUBINA K V



Theertha N



VINAY K K



Vineeth Binoy



Event Report

Venue:-Varikkatt Hall

Date:-13th October, 2022

Time:-1-2pm

Total number of participants:- 21

Speaker:- Mr Manohar Babu M

In Short

The session was informative, refreshing and insightful in approaching the topic 'Menstruation and Menstrual Hygiene'. The session was conducted in collaboration with Vimal Jyothi Institute of Management for the women students of Vimal Jyothi Engineering College and Vimal Jyothi Institute of Management in honour of International Girl Child Day celebrated on 11th October and the diligent speaker for the evening was Mr Manohar Babu M, Senior Trainer, TZMO India South PVT LTD, Bengaluru. The session mainly discussed about different stigmas and myths related to menstruation, ways to maintain Hygiene and different Bella products available in the market available for the same. Mr Manohar made the session quite interactive and even conducted a few science experiments. The program ended with a Q/A session along with sample distribution.

Event Co-ordinator

1. Ms Jyothi Joseph
2. Ashlyn Wilson
3. Saishna Samej

Event Gallery











EVENT PROPOSAL FORM

1	Event type and Name	'Tink-her-hack' hackathon
2	Date and time	02/03/2024 to 03/03/2024 6:00PM to 3/3 11:00AM
3	Participants/audience	Registered BTech girl Students (2 nd , 3 rd & 4 th years)
4	Venue	Offline mode, Vimal Jyothi engineering College
5	Objectives	1. To provide a supportive platform for women to engage in hands-on technological development. 2. To bring the computer programmers and other interested people together to improve upon or build a new software program.
6	Expected outcomes	1. Students will be able to showcase their skills, collaborate on projects, and learn from experienced mentors in a supportive environment.
7	Connected POs/PSOs	PO1, PO5
8	Resource requirements	Varikkat hall, Hostel study room for the conduction of programme and accommodation facility for girl students and mentors.
9	Any other Relevant Information	The program is hosted by Tinker Hub foundation in collaboration with IEEE WIE VJEC.
10	Responsible Person	Mr Prabin James , Assistant Professor , Department of EEE, VJEC
11	Department	Department of Electrical & Electronics Engineering, VJEC.

Proposal prepared by ,
Ms. Angel Mary
Chair
EEE WIE VJEC

Recommended by .
Ms. Tinu Francis
Chapter Advisor.
IEEE WIE VJEC

H. 23/2/24

Prabin
23/02/24

Suggested to conduct the
program in software lab

R. Laxmi
23/02/24



TinkerHub
Foundation

Tink Her Hack 2.0!

OVERNIGHT HACKATHON

ON

2ND AND 3RD MARCH 2024



VENUE : VIMAL JYOTHI ENGINEERING COLLEGE

Register now : <https://forms.gle/CK6eeiSNGnvTGqhi7>

TINK HER HACK 2.0 (IEEE WIE)

attendance sheet

2.03.2024

Sl.No.	Name of the student	group number	class and branch	whether you are an IEEE WIE member	Hoster/Day scholar(if hoster specify which hostel)	contact number		Signature
1	GAYATHRI . S	1	CSE S4	NO	DAY SCHOLAR	7022906705	✓	
2	ANUPAMA M.V	1	CSE S4	NO	DAY SCHOLAR	94971430795	✓	
3	Treasa Binoy	1	CSE S4	NO	DAY SCHOLAR	9188479455	✓	
4	Najiya Fathima KT	2	CSE S4	NO	Hostel	8075149383	✓	
5	Aleena . K . Sathya	2	CSE S8	NO	Hostel	996104882	✓	
6	Melana Manoj	2	CSD . S4	NO	Hostel	62388094813	✓	
7	Isha Sumit J	2	CSD S4	NO	Hostel	7306463459	✓	
8	Narthana praveetha	3	CSE S6	NO	Hostel (Alphonsy)	8075556132	✓	
9	Nandana say	3	CSE S6	NO	Hostel	7306618381	✓	
10	Reha say	3	CSE S6	NO	"	8105130125	✓	
11	Seetha Lakshmi VR	3	CSE S6	NO	"	80758014322	✓	
12	Smerna Smt	3	EEE S4	NO	"	9037585919	✓	
13	Drishya PP	3	AEI S4	NO	"	9188311482	✓	
14	Diya Pradeep	4	EEE S4	NO	"	9666 280205	✓	



TINK-HER-HACK HACKATHON

- Venue: EEE Software Lab
- Date: 2-3 March 2024
- Time: 2nd March 6:00pm to 3rd March 10:00am
- Total number of Participants:Total:21

Inshort

IEEE WIE VJEC conducted an event TINK-HER-HACK in collaboration with TinkerHub. The event aimed to encourage female students to explore their interest in technology and innovation through a hackathon-style competition. The event saw enthusiastic participation from 21 students, who formed teams and worked on innovative projects. The participants were provided with the necessary resources and guidance to develop their ideas and present them to a judge.

The TINK-HER-HACK event was a great success, providing a platform for female students to showcase their talents and passion for technology. The event received positive feedback from both participants and attendees, and it is hoped that similar events will be organized in the future to continue promoting diversity and inclusivity in the field of technology.

Event coordinators

1. Tinu Francis
2. Angel mary
3. Nandana V P

Event Gallery





CERTIFICATE

OF PARTICIPATION

THIS IS TO CERTIFY THAT

NARTHANA PRASANTH

Has participated in overnight hackathon 'Tink-Her-Hack 2.0' on 2nd & 3rd March 2024 organised by TinkerHub in association with IEEE WiE AG VJEC.

Ms. Tinu Francis
IEEE WiE AG VJEC advisor

Angel Mary
IEEE WiE AG VJEC chair



VIMAL JYOTHI ENGINEERING COLLEGE

JYOTHI NAGAR, CHEMPIERI - 670632, KANNUR D.T. KERALA
An ISO 9001: 2008 Certified Institution

EVENT PROPOSAL FORM

1	Event type and Name	"Her Story Quiz Gala " – Women's day quiz
2	Date and time	1 st phase - 6 March 2024 8:20 pm to 8:35 pm Final round (for top 5 students – 7 th march 2024 12.15 PM to 12.30 PM)
3	Participants/audience	VJEC Btech students (girls only)
4	Venue	Online mode, Google form Final round - @ EEE software lab
5	Objectives	Empower women by creating awareness about their contributions, achievements, and challenges through an engaging Women's Day quiz.
6	Expected outcomes	Expected to enhance awareness, celebrate women's achievements, and inspire positive action towards gender equality.
7	Connected POs/PSOs	PO6, PO7, PO8, PO9, PO10, PO12
8	Resource requirements	NIL
9	Any other Relevant Information	Conducted by IEEE WIE.
10	Responsible Person	Mrs Tinu Francis, Assistant Professor, Department of EEE, VJEC

Proposal prepared by,	Recommended by,
Ms. Angel Mary	Mrs. Tinu Francis
Student Chair IEEE WIE, VJEC	Staff Advisor, IEEE WIE, VJEC



Her Story Quiz Gala

Women's Day related Quiz Competition

MARCH 6 2024

8:20 Pm to 8:35PM

For registration :



ANGEL MARY : 8075814046



Rs. 250



Rs. 100



QUIZ COMPETITION

ROUND 1

- Venue :- Google Forms
- Date :- 6th March 2024
- Time :- 8:20 to 8:35 pm
- Total number of Participants :- 64

In Short

IEEE SB WIE of Vimal Jyothi Engineering college has conducted a quiz competition

‘ HER STORY QUIZ GALA’ on behalf of the International Women’s day on 6 March at 8:20 pm. The quiz was arranged in a google form by giving a time of 15 min with 20 questions. 64 members participated in this competition. The main objective of this event is to convey the importance of celebrating women’s achievements, highlighting their contributions to society, and promoting gender equality. It helps raise awareness about the struggles women have faced historically and continue to face today, while also recognizing their successes and progress. Virtual platform based competition gives better experience to the participants.

ROUND 2

- Venue : Software Lab, Vimal Jyothi Engineering College
- Date : 7th March 2024

- Time : 12:15 to 12:25 pm
- No. of participants : 6

In Short

After the completion of round one of the quiz, six students were selected based on their top scores. A subsequent quiz session was conducted offline for these students, allocating them a time limit of 10 minutes. The session took place at the software lab of Vimal Jyothi Engineering College. As we aimed the event was very informative and knowledge enriching competition for the participants. Following the competition, the winners were announced, and prize money was distributed to them accordingly.

Event Coordinators :

Angel Mary

Swathi Priya P

Lisa Mary Mathew



EVENT GALLERY







CERTIFICATE

OF PARTICIPATION

THIS CERTIFICATE IS PRESENTED TO

ELIZABETH T MANI

For participating in 'HER STORY QUIZ GALA' quiz competition on 6th March 2024
as a part of women's day organised by IEEE WiE AG VJEC.

Ms. Tinu Francis
IEEE WiE AG VJEC advisor

IEEE WiE AG VJEC chair

INNOVATION CELL

MOE'S INNOVATION CELL
INSTITUTION'S INNOVATION COUNCIL

VIMAL JYOTHI ENGINEERING COLLEGE, KANNUR
(IC201810350) ORGANISING INNOVATION & ENTREPRENEURSHIP OUTREACH
PROGRAM IN SCHOOLS/COMMUNITY

Objective: Benefit in terms of learning/Skill/Knowledge obtained:

To provide students with the knowledge and tools required to integrate and build simple projects.

1. Participants will gain understanding of the scope of innovations. 2.

Participants will feel motivated " xmlns:x=""adobe:ns:meta/"> to build their own working models

Academic Year: Program driven by: 2023-24

IIC Calendar Activity

Month: Program /Activity Name:

Organising Innovation & Entrepreneurship
Outreach Program in Schools/Community

Program Type: Other:

Level 3 - Competition/Hacakthon null

Program Theme: Other:

Innovation & Design Thinking NA

Date & Duration (Days): External Participants, If any:

12/22/2023-12/22/2023-0 32

Student Participants: Faculty Participants:

30 2

Expenditure Amount, If any: Remark:

null null

Video: null



Photograph1:



Photograph2:

Session plan, If any: [View Report](#)

This report is electronically generated against report submitted on Institution's Innovation Council Portal.



**INSTITUTION'S
INNOVATION
COUNCIL**
(Ministry of Education Initiative)

Semester 1 Thrust area: Inspiration, Motivation &

Ideation

Quarter 2

Theme	Innovation
Activity Name	“Pitch Your Spark” at Sir Syed Higher Secondary School
Mode of Conduct	December 22 ,2023
Time	One Day
Participants (<i>offline</i>)	<ul style="list-style-type: none"> · Higher secondary school students: 30 students · Faculty: 2.

<p>Description</p>	<p>Objectives: To provide students with the knowledge and tools required to integrate and build simple projects by themselves and motivate them to be an innovator.</p> <p>Institute Innovation Council, VJEC conducted a one-day workshop, "PITCH YOUR SPARK," on December 22, 2023, at Sir Syed Higher Secondary School, Taliparamba. The session is led by Mr. Muhammed Suhail, a robotics engineer with Deep flow Technologies Pvt Ltd. The main objective of this workshop is to provide students with the knowledge and tools required to integrate and build simple projects with sensors and results by themselves and develop innovative skill among the students.</p> <p>Participants learned the basics of programming Arduino boards using the Arduino Integrated Development Environment (IDE). They learn how to write and upload code to verify the operation of the touch. The workshop aims to inspire and motivate students by sharing his personal journey as an entrepreneur, highlighting the challenges faced, lessons learned, and key strategies for success in the competitive business landscape.</p> <p>After the workshop the participant was able to connect electrical components to a breadboard to make a functioning circuit, Write code in the Arduino IDE on a laptop, Send code from the Arduino software to the Arduino board, Identify several electrical components etc... At the end of the workshop session, the participants were given their innovative ideas. The best two ideas are awarded.</p> <p>Expected outcomes: 1. Participants will gain understanding of the scope of innovations. 2. Participants will feel motivated to build their own working models. 3. Participants will be gain Problem solving ability</p> <p>Resource person: Mr. Muhammed Suhail, Robotics Engineer, Deepflow Technologies Pvt Ltd.</p>
---------------------------	--

Dr. Benny Joseph
Principal



Vimal Jyothi Engineering

**WOMEN CELL
SOCIALY
RELEVANT
ACTIVITY**



VIMAL JYOTHI ENGINEERING COLLEGE

Affiliated to APJ Abdul Kalam Technological University &
Kannur University | Approved by AICTE
Under the Archdiocese of Thalassery

Report on Health and Fitness Class

Date: 08/09/23

Venue: VJEC Health Club

In collaboration with the Women's Cell, a dynamic Health and Fitness class was conducted by Ms. Jancy, a seasoned Physical Education Instructor at VJEC. The session, held on 08/09/23 aimed to promote holistic well-being among students and staff members while fostering a culture of fitness and self-care within the institution.

Ms. Jancy commenced the class with an invigorating warm-up session, encouraging participants to stretch and loosen their muscles to prepare for the activities ahead. Her enthusiasm and passion for physical fitness set a positive tone for the session, inspiring everyone to actively engage in the exercises.

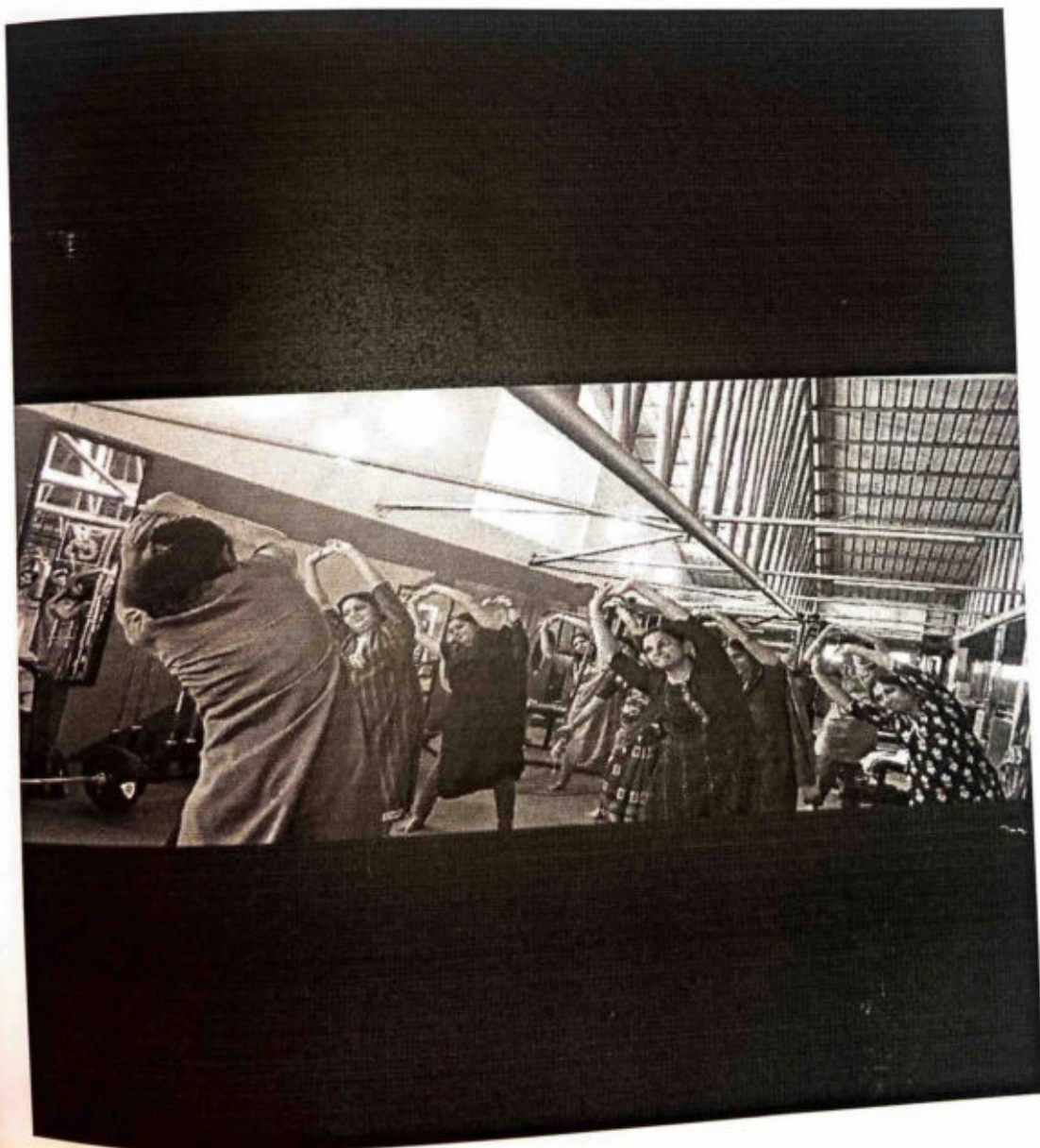
Throughout the class, Ms. Jancy led participants through a series of aerobic exercises, strength training routines, and flexibility drills, catering to individuals of all fitness levels. Her instructions were clear and concise, ensuring proper form and technique to prevent injuries and maximize effectiveness.

In addition to physical exercises, Ms. Jancy also shared valuable insights on the importance of nutrition, hydration, and rest in maintaining a balanced and healthy lifestyle. She emphasized the need for adequate sleep, hydration, and a well-balanced diet to support overall well-being and enhance physical performance.


The session also provided a platform for open dialogue on health-related topics, with participants actively sharing their experiences, concerns, and aspirations regarding fitness and wellness. Ms. Jancy's approachable demeanor and expert guidance encouraged a supportive and inclusive environment where everyone felt comfortable expressing themselves.

In alignment with the Women's Cell's mission to empower women, special emphasis was placed on addressing the unique health and fitness needs of female participants. Ms. Jancy provided tailored recommendations and strategies for women to prioritize their health and overcome common barriers to fitness.

Photo



In conclusion, the Health and Fitness class by Ms. Jancy, in association with the Women's Cell, served as a valuable opportunity for the VJEC community to prioritize their physical and mental well-being. It fostered a sense of camaraderie, motivation, and empowerment, inspiring everyone to adopt healthier lifestyle habits and strive for excellence in all aspects of life.

Report Prepared by 

Ms Lekshmy S

AP ECE

Women Cell ChairPerson



Report on "She Venture Journey"

Introduction:

The Women Cell of Vimal Jyothi Engineering College, Chemperi organized a transformative trip titled "She Venture Journey" to the Holistic Resort situated at Paithalmala. This excursion aimed to provide an opportunity for 35 lady staff members to rejuvenate, bond, and explore in a serene environment.

Understanding the significance of such initiatives in fostering team spirit and well-being among the faculty, the principal allocated on-duty permissions to ensure smooth coordination and coverage of responsibilities during the absence of staff members.

Additionally, the college management took proactive measures to ensure hassle-free transportation for all participants. They organized suitable transportation facilities, ensuring the safety and comfort of the staff members throughout the journey from Vimal Jyothi Engineering College, Chemperi to Holistic Resort, Paithalmala, and back.

Date and Duration:

The trip was commenced on 19/03/24, spanning one day of engaging activities and relaxation.

Purpose:

The primary objectives of the trip were as follows:

- To foster camaraderie and strengthen bonds among the lady staff members.
- To offer a break from routine work and provide a platform for relaxation and rejuvenation.
- To encourage exploration and appreciation of natural beauty at Paithalmala.

Highlights:

Bonding Activities: The trip provided ample opportunities for the lady staff members to bond through team-building activities

Nature Exploration: Participants had the chance to immerse themselves in the natural beauty of Paithalmala through trekking, nature walks, and recreational activities.

Relaxation and Reflection: The serene environment of the Holistic Resort offered a conducive atmosphere for relaxation, meditation, and introspection.

Upon arrival at Holistic Resort, participants were warmly welcomed with a welcome drink and snack and briefed about the day's itinerary and safety guidelines. Led by experienced guides, participants explored the lush greenery, captivating vistas, and diverse flora and fauna of the region. Along the way, they had the opportunity to immerse themselves in the several activities arranged by the resort authorities. Lunch was served at the resort, providing a moment of relaxation and replenishment after the morning's activities. Following lunch, participants engaged in optional recreational activities, or simply enjoying leisure time. The trip concluded with a return journey from Holistic Resort, Paithalmala to Vimal Jyothi Engineering College, Chemperi, leaving participants with cherished memories and a sense of rejuvenation.

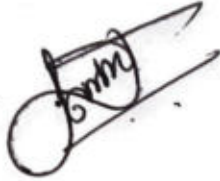
Photos



Their commitment to the well-being and growth of the faculty members is truly commendable and deeply appreciated.

We extend our gratitude to all the participants for their active involvement and enthusiasm throughout the trip. Special thanks to the organizing committee and the management of Holistic Resort for their support and cooperation in making this journey a memorable one.

Report Prepared by



Ms LEKSHMY S

WOMEN CELL CHAIR PAERSON

VIMAL JYOTHI ENGINEERING COLLEGE



Event proposal form

1	Event type and name	Talk on “Women Equality” by Women Cell, VJEC
2	Date and time	Aug 26, 2024 7.00 PM
3	Participants/ audience	All lady faculties and students
4	Venue	Online platform Google meet
5	Objectives	<ul style="list-style-type: none"> ● Increase Awareness of Gender Disparities: Participants will understand the various dimensions of gender inequality, including wage gaps, representation in leadership, education, and access to healthcare, and how these disparities impact women globally and locally. ● Promote Gender-Inclusive Practices: Encourage participants to identify and implement strategies that foster gender equality in their workplaces, communities, and personal lives, ensuring that women have equal opportunities and are free from discrimination.
6	Expected outcomes	<p>The students will be able to</p> <ul style="list-style-type: none"> ● <u>Understand</u> and articulate the key issues and challenges surrounding gender inequality in various sectors, such as education, employment, and politics. ● Recognize the importance of gender equality and apply gender-inclusive practices in their academic, professional, and social environments.
8	Resource requirements	Online platform :Google meet
9	Any other relevant information	Resource person: Sulfath M, Convenor, ‘Thulya Prathinidhya Prasthanam’, Activist
10	Responsible persons	<u>Staff coordinators:</u> Rajitha K V, Convenor, Women Cell Tintu George, Treasurer, Women Cell

Proposal prepared by

Ms. Rajitha K V

VIMAL JYOTHI ENGINEERING COLLEGE
 JYOTHI NAGAR, CHEMPERI - 670632, KANNUR, KERALA
 ACCREDITED BY IEI, NBA & NAAC • ISO 9001:2015 CERTIFIED
 AFFILIATED TO KTU • APPROVED BY AICTE

Women Equality Day

- August 26

Audience : All lady faculties and staff

Time : 7pm (online mode)

Organised By : WOMEN CELL

Welcome speech : Rajitha KV, AP, CSE

Speech : Sulfath M, Convenor, "Thulya Prathinidhya Prasthanam" Activist

Vote Of Thanks : Tintu George, Associate Professor

VISION
 Create a society where women are respected, and treated as equal members in all aspects of life.

MISSION
 Creation of a safe and inclusive environment for women in all spheres of life.

Educate and raise awareness about women's rights, gender discrimination, and violence against women.
 Empower women by providing them with the necessary resources, skills, and support to achieve their full potential.

VIMAL JYOTHI ENGINEERING COLLEGE
 JYOTHI NAGAR, CHEMPERI - 670632, KANNUR, KERALA
 ACCREDITED BY IEI, NBA & NAAC • ISO 9001:2015 CERTIFIED
 AFFILIATED TO KTU • APPROVED BY AICTE

NBA
 NATIONAL BOARD OF ACCREDITATION
 ACCREDITED

NAAC
 NAAC ACCREDITED

Coordinate by : Women Cell VJEC
 Staff Cell

Report on Women’s Equality Day Celebration

Event Date: August 26, 2024

Mode: Online

Organized by: Women Cell, Vimal Jyothi Engineering College (VJEC)

Guest Speaker: Ms. Sulfath M, Convenor of "Thulya Prathinidhya Prasthanam"

The Women Cell of Vimal Jyothi Engineering College (VJEC) organized an inspiring online event on August 26, 2024, to celebrate **Women's Equality Day**. This day marks the ongoing efforts towards achieving gender equality and highlights the importance of addressing gender disparities in society. The event was graced by the presence of Ms. Sulfath M, a renowned activist, retired teacher, and prolific writer who has contributed significantly to the discourse on gender equality.

The session commenced with a warm welcome address delivered by Rajitha K V, Assistant Professor, Department of Computer Science and Engineering. She highlighted the importance of observing Women's Equality Day and introduced the esteemed speaker, emphasizing her extensive contributions to promoting gender equality.

Ms. Sulfath M conducted an insightful one-hour session focusing on the theme of gender equality. As the convener of "Thulyatha Prathinidhya Prasthanam," a movement advocating for equal representation, she brought a wealth of experience and knowledge to the discussion. Her talk covered several key aspects:

Ms. Sulfath emphasized the significance of gender equality in both personal and professional spheres. She elaborated on how early education on gender issues can help shape a more inclusive society. By integrating gender equality topics into school and college curricula, institutions can foster a culture of respect and equal opportunity from a young age.

The speaker motivated female students and faculty members to take part in various activities, both academic and extracurricular, with the same enthusiasm and confidence as their male counterparts. She highlighted that participation in all spheres is crucial for self-development and breaking gender stereotypes.

Ms. Sulfath discussed the role of education in empowering women and closing the gender gap. She advocated for creating environments where girls are encouraged to pursue their interests freely, without societal constraints.

Following the talk, an engaging discussion session took place. Students and faculty members actively participated, sharing their personal experiences and the challenges they face in their classrooms and communities related to gender inequality. The open dialogue provided a platform for discussing practical solutions and strategies to address these issues effectively. Ms. Sulfath offered valuable insights and suggestions, reinforcing the need for collective efforts to bring about change.

The event concluded with a vote of thanks by **Tintu George**, Associate Professor, Department of Electrical Engineering. She expressed gratitude to the guest speaker for her enlightening session and to the participants for their active involvement. The successful execution of the event in an online mode was acknowledged, emphasizing the importance of continuing such discussions to promote gender equality.

The Women's Equality Day celebration was a resounding success, leaving a positive impact on all participants. The session by Ms. Sulfath M provided a deeper understanding of the importance of gender equality and inspired students and faculty to work towards creating a more inclusive environment. The active engagement from the audience during the interactive session highlighted the relevance of the topic and the need for ongoing dialogue on gender issues within educational institutions.

The event not only educated but also empowered participants to take action in their personal and professional lives to support gender equality, making it a significant step towards fostering a more equitable community at VJEC.

Report prepared by

Rajitha K V

AP, CSE

